

## **Food and Nutrition Policy**

Our staff will provide a daily healthy snack which will be a positive effect on your child's energy, attitude and general growth for the afternoon.

If you would like to provide an alternative snack or your child requires a substitute snack due to medical or allergy reasons, please let us know (If your child **does** have a food **allergy or medical** need please list in detail, on your child's enrollment form). Feel free to provide a healthy, substitute snack for your child inside a lunch box accompanied with an ice pack.

Due to Pinellas County Licensing Board (PCLB) rules and regulations we are instructed to supply a healthy alternative where and when we see fit.

Food/Treats for birthdays or holidays will be accepted on a case-to-case basis and parents must be supplied a notice of 48-hrs before an outside food is served to their child.

## Your child has a daily choice, between two of the following:

- Original or White Cheddar Cheez It's
- Original Chex-Mix
- Pretzels
- Natures Valley Crunchy Granola Bar
- Natures Bakery Fig Bar
- Kool-Aid Jammer (55% less Sugar) Assorted Flavors
- Honest Juice Box (Assorted Flavors)